



Let's talk



about **Hope**



**Regional
Hospice and
Home Care**



of Western Connecticut

Hospice is about hope.

There are many aspects of hope in the care Regional Hospice and Home Care of Western CT provides. Hope for peace of mind and hope for final wishes to be honored. Hope for comfort and living a meaningful life. Hope for laughter and moments recaptured.

What is Real Hope? Real Hope isn't always something you can see. Often times it is something you feel.

Hope that this journey will be lived on one's own terms of comfort and peace.

Our hope is you will let us walk the journey with you and your loved ones.



A photograph of a family of three in a field of tall grass. A woman on the left is wearing a red coat and a colorful scarf, looking up and to the right. In the center, a man in a brown jacket is carrying a young child on his shoulders. The child is wearing a colorful knit hat and boots. The background is a bright, hazy field under a clear sky.

What is
Real Hope?

At Regional Hospice and Home Care of Western CT we help patients and families discover what end-of-life care can be— what can be gained, what can be realized and what can be recaptured.

Mom's greatest joy is her family and talking with others about her life story. With Regional Hospice and Home Care, she enjoys being surrounded by everyone she loves.

Our team of doctors, nurses, hospice and home health aides, clergy, social workers and volunteers are all focused on giving you and your family the physical and emotional support needed in order to live those special moments together. We provide expert care in pain control and symptom management so that you live more fully and spend quality time with each other.

Real hope for peace of mind.



It means
**Reclaiming
Happiness**



Regional Hospice and Home Care of Western CT knows that each and every patient we care for has their own desires about what they want and need. We give you hope that your choices will be carried out.

He is a part of you. Someone you want to spend cherished moments with. Someone who deserves to keep his dignity and have his wishes heard.

Our team of outstanding caregivers will tailor services around your wishes and the needs of you and your loved ones. We will provide for your professional medical needs while bringing you the compassion and dignity you hope for and the understanding you deserve.

Real hope for life with dignity.



A photograph of an elderly couple walking hand-in-hand on a dirt path. The man is wearing a dark blue polo shirt and light-colored trousers, and the woman is wearing a light blue long-sleeved shirt, a dark vest, and dark shorts. They are walking away from the camera towards the left. A large, thick tree trunk is on the right side of the path, and its shadow is cast long and dark on the ground. The background is filled with lush green trees and foliage, suggesting a park or a wooded area. The lighting is warm, indicating it might be late afternoon or early morning.

We
Respect &
Honor
your wishes

The right time to begin hospice care is personal and can only truly be determined by you, your family, and your physician. We encourage you to discuss hospice with your physician and ask for a referral if you feel it is right for you. Hospice is available to anyone with an advanced illness and a limited life expectancy of six months or less who has chosen comfort care—treatment for care, not cure. Hospice care is a covered benefit under Medicare, Medicaid, and many private insurance carriers.

Any person with a life-limiting illness and life expectancy of six months or less, regardless of age, is eligible for our programs. Many different diagnoses may be considered, including Alzheimer's disease and related dementia, pulmonary and heart diseases, and cancer.

Early referrals are vitally important – the more time Regional Hospice and Home Care has to work with you and your loved ones, the more you will benefit from all of the services we provide.

Anyone can make a referral – a patient, family member, physician or friend.

Our services include:

- An individualized care plan developed with you by the Regional Hospice and Home Care team that meets each patient's needs for pain management and symptom control.
- Clinical staff available 24 hours a day, 7 days a week for advice or counsel.
- Emotional, psychological and spiritual support.
- Needed medications, medical supplies and equipment.
- Support for loved ones on how to care for the patient. Special services like speech, physical, and occupational therapy when needed.
- Hospice care in a skilled nursing or assisted living facility under contract with Regional Hospice and Home Care.
- Short-term respite care.
- Bereavement support and counseling.
- Trained Hospice Volunteers available to give caregivers a break, for companionship, to run errands, or share special skills including music and integrative therapies such as massage, reiki, and pet partner visits.

What Palliative Care means to you

Palliative Home Care is an option for those with a serious or advanced illness, that integrates expert pain and symptom management.

When hospice care is not the right option, Palliative Home Care can provide patients with relief from the symptoms, pain and stress of an advanced illness.

The Palliative Home Care Program works in collaboration with your physicians. This care is appropriate for patients of any age, who are homebound and who have a skilled need for nursing care. Palliative care is especially helpful when symptoms are difficult to control.

Palliative Home Care also can offer psychosocial support for both patients and families through social worker and clergy services. Other services such as physical therapy, speech therapy, home health aide services and occupational therapy are also available as appropriate to the patient's plan of care.

A Palliative Home Care consultation can be provided at any point during an advanced illness. We believe through skilled and supportive care, people can approach an advanced illness with comfort and dignity.



Our Palliative Home Care Program offers specialized medical care and treatment that allow people to live their life more comfortably with relief from the symptoms and pain of an advanced illness. This results in better quality of life and plans for your future needs.

Our wonderful Dad lived through the hopes and dreams of his children. Regional Hospice and Home Care knew how much our peace of mind meant to him.

With advanced illness, the help you need may extend beyond managing symptoms. Together, we redefine help to support both patients and caregivers. Our team of professionals offer much needed relief for caregivers so you can remain that special friend, daughter, son, sister, wife or husband who just wants to enjoy time together.

By redefining help, we give you hope for a continued connection with family, friends and loved ones.

Real hope for meaningful time together.






Let's
Redefine
Help

An elderly woman with short, wavy grey hair is shown from the chest up, hugging a younger woman from behind. The younger woman has long, dark brown hair and is wearing a grey visor. The elderly woman has her eyes closed and a gentle smile, resting her head against the younger woman's. She is wearing a grey long-sleeved button-down shirt and a gold ring on her left hand. The younger woman is wearing a red, white, and blue striped long-sleeved shirt. They are standing in a lush green garden with a wooden fence and various plants in the background. The lighting is soft and warm, suggesting late afternoon or early morning.

It means

Remembering
Him



He will always be your husband, your father, your friend...

And remembering him is an important part of continuing your healing. Regional Hospice and Home Care of Western CT offers bereavement support to those who are experiencing the pain of losing a loved one. Our award-winning Healing Hearts Center for Grieving Children & Families offers compassionate support in a welcoming environment.

People often experience a wide range of emotions after the death of a loved one that may be difficult for them to manage. There is hope

in knowing that Regional Hospice and Home Care's Healing Hearts Center will be there to support your family and friends as they cope with their feelings of loss. Our professional staff and trained bereavement facilitators will be there to listen and offer comfort. As grief is expressed and experienced during this time of sorrow, hope is gained through healing and strengthening and can be enriching to those left behind.

**Real hope for support
and understanding.**



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